

INFORMED CHOICE DURING EMPLOYMENT SERVICES





1 LEARN /RESEARCH

Learn about rights and choices. Discuss interests and preferences. Identify supports / resources.
Benefits planning. Make plan / goals to explore further.



START EXPLORING

Visit places in person to experience the sights, sounds, smells, and vibe.
Ask questions! Seek peer-to-peer learning opportunities. Make decisions without pressure, based on information and experience.



DECISION / PLAN: DECIDE WHETHER TO WORK AT THIS TIME

If deciding to work, create an action plan. Include steps to take and who is responsible for what / when. Track progress. Ask for help. Celebrate the wins!





4 EVALUATE

Reflect on how things are going. Consider whether you are happy and satisfied. Identify any changes needed, new interests, or things to explore. Decide whether to keep going or make a change.

*Periodically revisit decision not to work.

